

AOFE Clinics and Annatommie MC

- in close cooperation with MRC Doorn and Radboudumc Nijmegen The Netherlands -



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CLINICS

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What is osseointegration

Osseointegration is a method of anchoring a leg or arm prosthesis to the body.

By inserting an orthopedic implant into the bone, a prosthesis can be attached by means of an adapter and connector, the so-called click system.



What is osseointegration



Advantages of osseointegration

1. Better control over the prosthesis and more stability (safety)
2. Wearing time of the prosthesis increases significantly
3. Walking takes less energy
4. “Prosthesis feeling” (better contact with the ground)
5. Better seating comfort
6. Prosthesis does not come off while sitting / walking / cycling
7. Prosthesis is easy to put on and take off
8. No perspiration problems in summer
9. Standing shower

Disadvantages of osseointegration

1. Stoma should be cleaned twice a day.
2. Risk of irritations and infections on/in the stoma
3. No contact sports, skiing, jogging



Activities with osseointegration

- To walk
- Bicycles
- Swimming (pool – sea – lake)
- Sauna
- Fitness



Patient testimonials

I have never regretted the decision to have osseointegration done. I am often asked: what is the advantage of this? then I say: 'I can walk again with and without my dog without stopping, cycling and sports (sitting volleyball), I am not so tired anymore, I have much less pain in my lower back and I am only more than 1 year further! I have my life back! And I continue.....

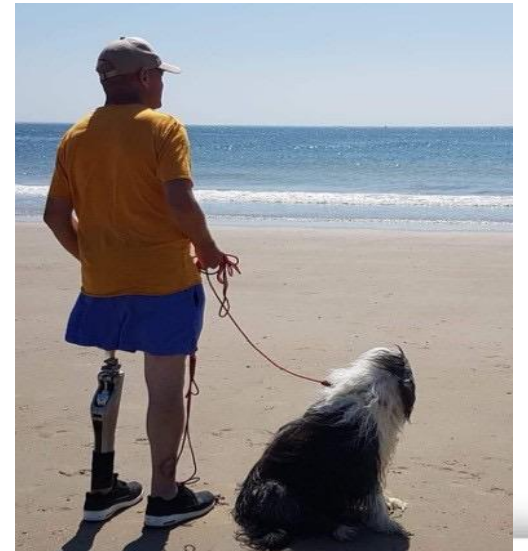
How the world has opened up for me again!

I keep walking on "my own" legs.

I did not use the wheelchair after March 15, 2018.

If only this had come my way years ago.

You really learn to walk again.



Who is eligible for osseointegration?

- Prosthesis use less than 50 hours per week
- Walking distance less than 2 km
- Often skin problems because of the socket
- Uncomfortable sitting
- Release of the prosthesis during daily activities
- A lot of perspiration due to socket / liner

Who is **not** a candidate for osseointegration?

- Severe diabetes
- Severe bone growth abnormalities or malformations
- Immature bone
- Bone diseases (stump bone infection)
- Chemotherapy
- Severe vascular disease in the legs
- Pain without a clear cause
- Overweight (BMI>30)
- Smoking

Treatment schedule

Surgery

1. Adjust stump and implant stem
2. Create a skin opening and mount dualcone adapter

Max two nights hospitalization

Rehabilitation

3. After 4-6 weeks, the connector is attached and rehabilitation starts



Rehabilitation program including break

Below knee (transtibial): 4-6 weken

Week 1 and 2 walking in the bridge

Weeks 3 and 4 walking with 1 or 2 crutches

Week 4: walking without crutches and adjusting prosthesis

Above knee (transfemoral): 4-12 weken

Week 1 and 2 practicing standing and walking in the bridge

Week 3 walking in the bridge

Week 4: walking with 2 crutches

Break

Weeks 5-12 or 10-20:

Walking without crutches and adjusting prosthesis

Contact

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